

# St. Anthony/New Brighton MS/HS Main Line Lunch Menu

## December 2017



**Meal Prices**  
**Breakfast \$ 2.15**  
**Lunch \$ 2.90**  
**Adult Breakfast \$ 2.50**  
**Adult Lunch \$ 4.00**  
**Milk \$ .55**



Daily options include  
 low fat milk, fresh fruit,  
 and 100% fruit juice.



Monday

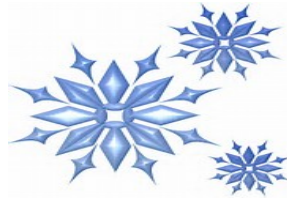
Tuesday

Wednesday

Thursday

Friday

The menu is subject to change without notice. May contain allergens including but not limited to eggs, wheat, soy, dairy, & fish. Substitutes available with physician's statement.



Nutrition Services is proud to offer Minnesota Thursday! Watch for the local menu the first Thursday of each month!

1 Roasted Chicken Drumstick  
 Whole Grain Dinner Roll  
 California Blend Veggies  
 Chilled Peaches

4 Swedish Meatball Over Egg Noodles  
 Mixed Vegetables  
 Mandarin Oranges

5 Beef Meatballs w/ Marinara Sauce  
 Whole Grain Sub Bun  
 Mozzarella Cheese  
 Steamed Carrot Coins  
 Fresh Tropical Kiwi

6 Whole Grain French Toast Sticks  
 Chicken Sausage Patties  
 Crispy Hash Browns  
 Sweetened Strawberries

7 Turkey Wild Rice Soup  
 Crackers  
 Shred. Cheddar Cheese  
 Whole Grain Bread Stick  
 Roasted Sweet Potatoes  
 Chilled Pear Slices



8 Cheese Calzone  
 Marinara Sauce  
 Garden Peas  
 Chilled Applesauce  
 Jonny Pop on a Stick

11 Chicken Mashed Potato Bowl  
 Mashed Potatoes Bowl  
 Popcorn Chicken Gravy  
 Shredded Cheese  
 Golden Corn  
 Whole Grain Biscuit  
 Frosty Pineapple Tidbits

12 Baked Whole Grain Ziti w/ Marinara Sauce  
 Mozzarella Cheese  
 Steamed Carrot Coins  
 Chilled Fruit Cocktail

13 Macaroni & Cheese  
 Whole Grain Bread Stick  
 Steamed Green Beans  
 Chilled Pears

14 Cheesy French Bread with Meat Sauce or Marinara Sauce  
 Steamed Broccoli  
 Orange Smiles

15 Scrambled Eggs  
 Belgian Waffle Sticks  
 American Fries  
 Cinnamon Applesauce  
 WG Blueberry Muffin

18 Cheese Lasagna Roll Up  
 Marinara Sauce  
 Garlic Breadstick  
 Steamed Broccoli  
 Chilled Pears

19 Chicken Nuggets  
 BBQ Sauce (Smokehouse)  
 Potato Salad  
 Steamed Green Beans  
 Chilled Applesauce

20 Roast Chicken with Gravy  
 Fluffy Whipped Potatoes  
 Whole Grain Biscuit  
 Golden Corn  
 Chilled Peaches

