

2017-18

**Wilshire Park
Breakfast Menu**

September



Prices:

Breakfast \$2.00

Reduced No Charge

*Free breakfast for all
Kindergarten Students*

*New- only Skim & 1% milk are
available at breakfast*

Want to work as a sub in the
school cafeteria? Call or email
Lisa Amundsen at 612-706-
1207 or
liamundsen@stanthony.k12.mn
.us

Monday	Tuesday	Wednesday	Thursday	Friday
4 Daily options include: low fat milk, fresh fruit & 100% fruit juice.	5	6 Whole Grain Mini Cinis	7 Whole Grain Egg & Cheese Breakfast Wrap	8 Colby Cheese Omelet Whole Grain Cinnamon Goldfish Grahams
11 Mini Maple Pancakes	12 Rice Chex Cereal	13 Glazed Whole Grain Mini Long John	14 Turkey Sausage Breakfast Burrito	15 Fruit & Yogurt Parfait with Granola*
18 Turkey Sausage Breakfast Flatbread	19 Whole Grain Egg & Cheese Pita Pocket	20 Chicken Sausage & Cheese Breakfast	21 Strawberry Banana Yogurt Whole Grain Cinnamon Goldfish Grahams	22 Egg, Cheese & Salsa Breakfast Burrito
25 Whole Grain Breakfast Bread**	26 Egg & Cheese Breakfast Sandwich	27 Whole Grain Mini Cinis	28 Whole Grain Egg & Cheese Breakfast Wrap	29 Colby Cheese Omelet Whole Grain Cinnamon Goldfish Grahams

*Fruit will vary but may include blueberries, strawberries, peaches, pears, pineapple, mandarin oranges or other seasonally available fruit

**Whole Grain Breakfast Bread options may include Berry, Banana, Cinnamon, Pumpkin, or Zucchini